



PARENT ACTIVITY GUIDE

Play Activities for Social Communication Development

A practical guide for parents and caregivers



SUPPORTS



Communication



Social Skills



Attention



Play Skills



Learning



9 PRACTICAL ACTIVITIES INCLUDED



How to Use This Guide

These activities are simple, low-cost, and easy to do at home. They are designed to help your child build important skills through playful interactions.



KEEP IN MIND



Keep it short

Start with a few minutes and gradually increase the time.



Follow your child's lead

Let your child's interests guide the activity.



Use simple language

Short sentences and clear words work best.



Celebrate effort

Praise and encouragement help build confidence.



Make it fun

A positive and relaxed environment makes learning natural.



You don't need perfect. You just need presence.

Your time, your attention, and your connection are the most powerful tools your child needs.





— ACTIVITIES TO TRY —

Simple ideas for everyday learning and fun

01 Story Dice

Roll the dice and create a story together based on the images or prompts that appear. Take turns adding to the story!

SKILLS DEVELOPED

- Communication
- Social Interaction
- Attention
- Imagination
- Fine Motor Skills

MATERIALS
Story dice or picture dice



TIP

Encourage creativity—there are no wrong stories!

02 Hand & Finger Puppets

Create simple stories using puppets. Encourage your child to join in and continue the story.

SKILLS DEVELOPED

- Social Engagement
- Attention
- Imagination
- Communication
- Turn-Taking

MATERIALS
Puppets (hand or finger puppets)



TIP

Let your child be the story leader sometimes!





— ACTIVITIES TO TRY —

Simple ideas for everyday learning and fun

05 Bubble Play Challenge

Blow bubbles and encourage your child to pop, chase, count, or describe them. Take turns and make it a fun challenge!



SKILLS DEVELOPED



Attention



Communication



Turn-Taking



Motor Skills



Imagination



MATERIALS

Bubbles and bubble wand



TIP

Try counting bubbles, describing their size, or racing to pop them!

06 Indoor Bowling Game

Set up plastic bottles or cups as pins. Roll a soft ball to knock them down. Count the pins and celebrate the wins!



SKILLS DEVELOPED



Motor Skills



Coordination



Counting



Focus



Following Directions



MATERIALS

Plastic bottles or cups, soft ball



TIP

Use different distances to make it easier or more challenging!





— ACTIVITIES TO TRY —

Simple ideas for everyday learning and fun

07 Bucket Toss

Use a soft ball or beanbag and a bucket. Take turns throwing to try to get the ball in the bucket!



SKILLS DEVELOPED



Motor Skills



Coordination



Focus



Turn-Taking



Following Directions



MATERIALS

Bucket or bin,
soft ball or beanbag



TIP

Move the bucket closer or farther away to adjust the challenge!



08 Creative Collage Activity

Provide magazines, paper, and glue. Let your child cut and glue pictures to create their own masterpiece!



SKILLS DEVELOPED



Fine Motor Skills



Creativity



Focus



Self-Expression



Imagination



MATERIALS

Magazines or colored paper,
scissors (child-safe), glue, paper



TIP

Praise their ideas and celebrate their creations!



09 Ball in the Basket

Use a small ball and a laundry basket or box. Take turns trying to land the ball inside!



SKILLS DEVELOPED



Coordination



Motor Skills



Focus



Turn-Taking



Understanding of Rules



MATERIALS

Laundry basket or box,
small ball



TIP

Make it a game: keep score or see how many you can make in a row!





My Child's Activity Progress Tracker

Use this page to track which activities your child enjoys most and the skills you observe developing over time.



Activity	Enjoyed It? 	Communication 	Social Skills 	Attention 	Notes
01 Story Dice	☐	☐	☐	☐	-----
02 Hand & Finger Puppets	☐	☐	☐	☐	-----
03 Alphabet Balloon Hunt	☐	☐	☐	☐	-----
04 Junior Reporter	☐	☐	☐	☐	-----
05 Bubble Play Challenge	☐	☐	☐	☐	-----
06 Indoor Bowling Game	☐	☐	☐	☐	-----
07 Bucket Toss	☐	☐	☐	☐	-----
08 Creative Collage Activity	☐	☐	☐	☐	-----
09 Ball in the Basket	☐	☐	☐	☐	-----



Parent Notes

What did you notice? What worked well? Any ideas for next time?

