AbaTools

SDQ

Strengths and Difficulties Questionnaire

Parent & Teacher Version (Ages 4–17 Years)

CHILD INFORMATION

Child Name: _____

Age: _____ Grade: _____

Date: _____ / _____ / _____
MM DD YYYY

COMPLETED BY

☐ Parent ☐ Teacher ☐ Other

If other, please specify: _____

INSTRUCTIONS

For each item below, please mark with an (X) the box that best describes the child's behavior over the **last six months**.

RESPONSE OPTIONS

0	1	2
Not True	Somewhat True	Certainly True

#	STATEMENT	0 Not True	1 Somewhat True	2 Certainly True
1.	Considerate of other people's feelings.	☐	☐	☐
2.	Restless, overactive, cannot stay still for long.	☐	☐	☐
3.	Often complains of headaches, stomachaches or other pains.	☐	☐	☐
4.	Shares readily with other children (treats, sweets, toys, pencils, etc.).	☐	☐	☐
5.	Often has temper tantrums or hot tempers.	☐	☐	☐
6.	Rather solitary, tends to play alone.	☐	☐	☐
7.	Generally obedient, usually does what adults request.	☐	☐	☐
8.	Worries a lot, often seems worried about everything.	☐	☐	☐
9.	Helpful if someone is hurt, upset or feeling ill.	☐	☐	☐
10.	Constantly fidgeting or squirming.	☐	☐	☐
11.	Has at least one good friend.	☐	☐	☐
12.	Often fights with other children or bullies them.	☐	☐	☐
13.	Often unhappy, down-hearted or tearful.	☐	☐	☐

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INSTRUCTIONS

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RESPONSE OPTIONS

0	1	2
Not True	Somewhat True	Certainly True

#	STATEMENT	0 Not True	1 Somewhat True	2 Certainly True
14.	Generally liked by other children.	☐	☐	☐
15.	Easily distracted, concentration wanders.	☐	☐	☐
16.	Nervous or clingy in new situations, easily loses confidence.	☐	☐	☐
17.	Kind to younger children.	☐	☐	☐
18.	Often lies or cheats.	☐	☐	☐
19.	Picked on or bullied by other children.	☐	☐	☐
20.	Often offers to help others.	☐	☐	☐
21.	Thinks things out before acting.	☐	☐	☐
22.	Steals from home, school or elsewhere.	☐	☐	☐
23.	Gets on better with adults than with other children.	☐	☐	☐
24.	Has many fears, easily scared.	☐	☐	☐
25.	Completes tasks, good attention span.	☐	☐	☐

Please check that you have answered all the questions.
Thank you for your time and collaboration.

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Parent & Teacher Version (Ages 4–17 Years)

SDQ SCORING GUIDE

For Professional Use Only

1 SCORING THE ITEMS

- **Common Items:**

  Not True = 0 | Somewhat True = 1 | Certainly True = 2

- **Reverse Scored Items (7, 11, 14, 21, 25):**

  Not True = 2 | Somewhat True = 1 | Certainly True = 0

REVERSE SCORING CONVERSION			
Original Response	0	1	2
Reverse Score	2	1	0

Reverse the scores only for items: 7, 11, 14, 21, 25.

2 SUBSCALE SCORES (Sum of Items)

Subscale	Items	Score (0–10)
1. Emotional Symptoms	3, 8, 13, 16, 24	_____
2. Conduct Problems	5, 7, 12, 18, 22*	_____
3. Hyperactivity	2, 10, 15, 21, 25**	_____
4. Peer Problems	6, 11, 14, 19, 23**	_____
5. Prosocial Behavior	1, 4, 9, 17, 20	_____

* Item 7 is reverse scored.

** Items 11, 14, 21, and 25 are reverse scored.

3 TOTAL DIFFICULTIES SCORE

Add the scores for Subscales 1 + 2 + 3 + 4.
(Do **NOT** include Subscale 5.)

TOTAL DIFFICULTIES SCORE

_____ / 40

(Range: 0 – 40)

Note:
Higher scores indicate greater difficulties.

4 INTERPRETATION GUIDE

Classification	Total Score	Interpretation
Normal	0 – 13	Development expected for age.
Borderline	14 – 16	Alert. There may be distress. Recommend monitoring.
Abnormal	17 – 40	High probability of a clinical disorder. Further assessment recommended.

5 CLINICAL NOTES

_____

_____

_____

Evaluator Signature: _____

Date: _____ / _____ / _____
MM DD YYYY